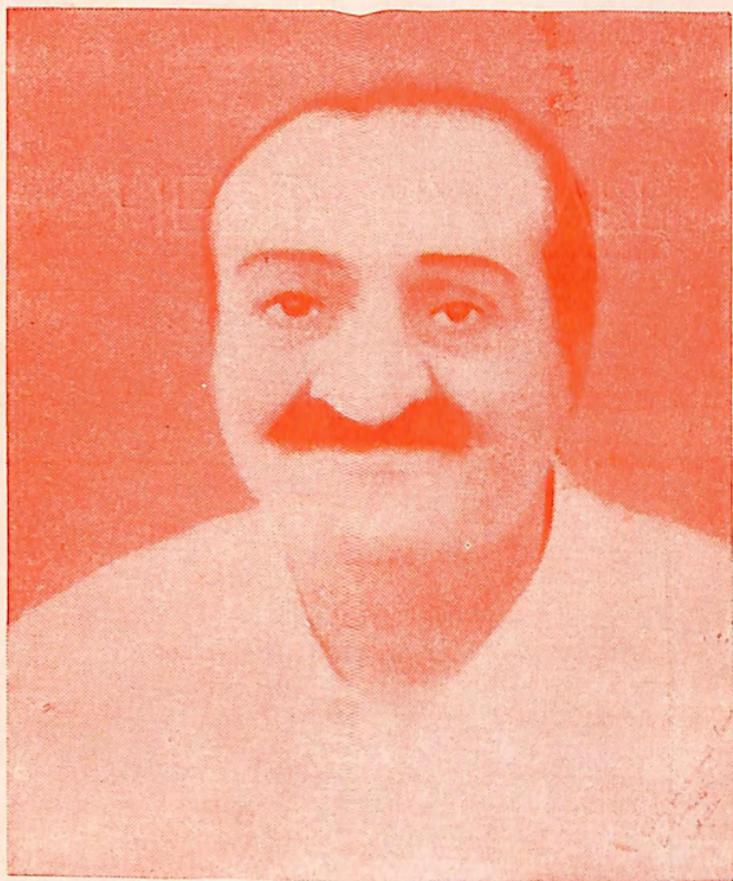
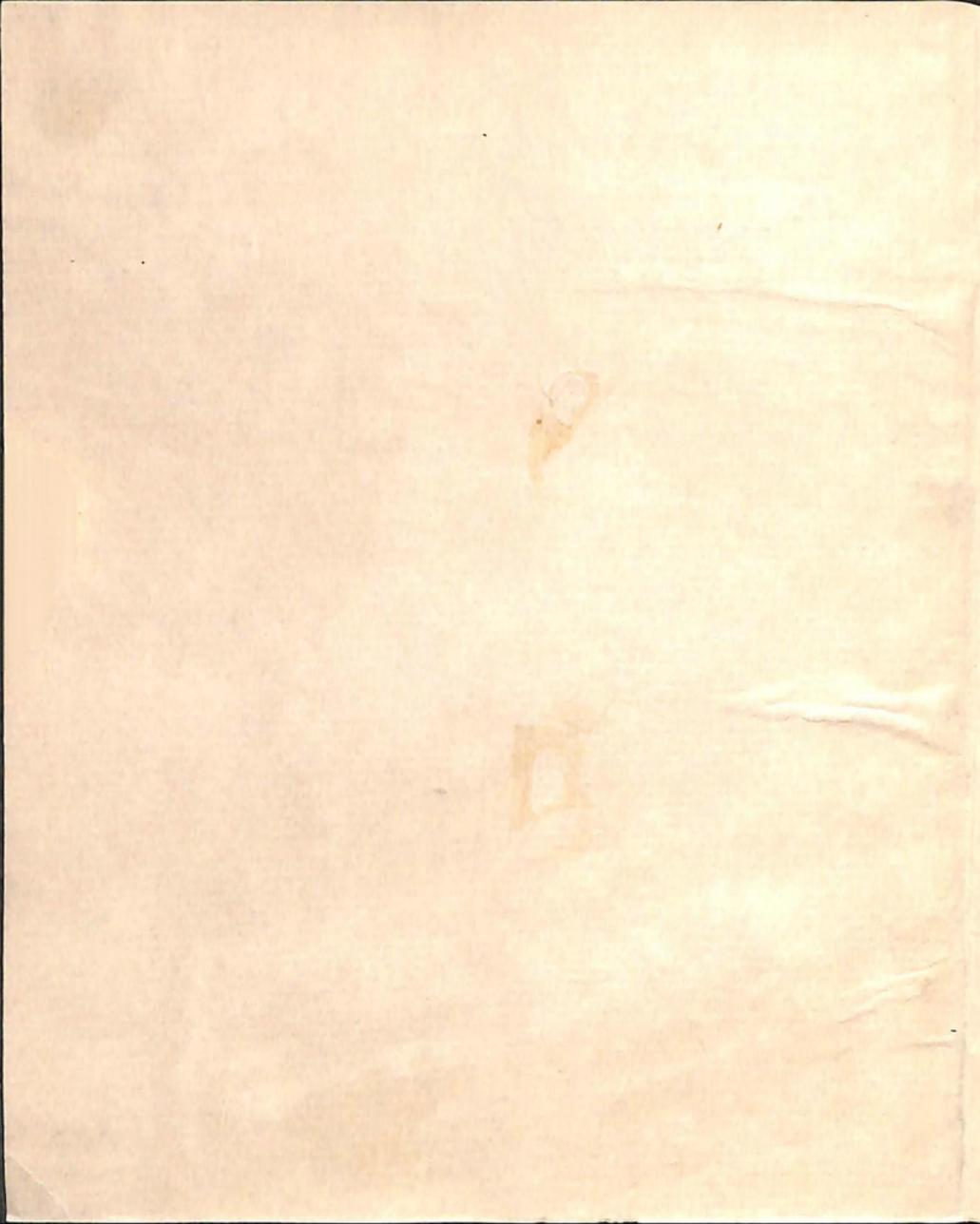


HEED MY CALL



Meher Baba
THE AVATAR OF THE AGE



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HEED MY CALL

BY

AVATAR MEHER BABA

THE MEHER VIHAR TRUST

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FOREWORD

This book-let was originally compiled and published by Avatar Meher Baba Bombay Centre, and was found to be of immense use for guidance of Lovers and Workers of Beloved Baba. We are happy to make its full use in our day-to-day activities and gradually we found it indispensable. We have done our best to popularise it and as we found that the copies of the same are out of stock, we wrote to Bro. Govewala of Bombay Centre with a request to get them reprinted. He wrote to us that they were out of stock and they could not be reprinted by them. He further kindly suggested that we could do so, if it was possible for us. Ever since the idea was there and we are happy that we are able to get this reprint-

ed with some additions and a few changes, as we deemed necessary.

We are thankful to Bro. Govewala and the Bombay Centre for their kindness and the service rendered by them in this regard. We are happy to publish this book-let in the present form in commemoration of the 7th Anniversary of our "Trust".

We trust that our effort will have the desired reception from all lovers of Beloved Baba and will serve His Cause through our humble contribution on this happy occasion.

—*Publishers.*

INTRODUCTION

God is everything and God is in everything. He is infinite and absolute. Creation is infinite but numerically infinite. Avatar Meher Baba is personification of God.

Creation is governed by law of opposites of good and bad and happiness and misery. To maintain the equilibrium of life, the opposites have to be more or less balanced, in proportion commensurate with time, place, circumstance and content. If the balance is disturbed, there is suffering. When the balance is restored, there is peace. That which affects human life most is happiness and misery. So, that which concerns a human being most is his effort to get happiness and overcome misery,

The happiness we unthinkingly presume is pleasure which goes hand in hand with pain. There is almost an unending game of the opposites of good and bad played on and on in the world, one trying to get ascendancy over the other.

Real happiness is beyond the opposites. One can strive to exceed opposites; but the final release comes from the Perfect Master or the Avatar. It is His grace of Love that can liberate the soul from the grip of opposites and raise him to the realm of unending Bliss.

The extracts from discourses of Avatar Meher Baba contained in this brochure, given by Baba from time to time are compiled for the benefit of the readers on the occasion of 70th Birthday of Avatar Meher

Baba. Reading them over and over again would evoke love of the good in man and in time to come attune him to the spirit of Love of God which Baba says is the aim of life.

Our heart-whole appreciation goes to those responsible in bringing out this brochure as a token of their love and service.

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ADIK. I.R.A.

The extracts from discourses of Anand Mohan Baba contained in this brochure, given by Baba from time to time, are compiled for the benefit of the readers on the occasion of the birth-day of Anand Mohan

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1. HEED MY CALL:

The Call of Baba is God's Voice.

Age after age, when the wick of Righteousness burns low, the Avatar comes yet once again to rekindle the torch of Love and Truth. Age after age, amidst the clamour of disruptions, wars, fear and chaos, rings the Avatar's Call:

“Come All Unto Me”

The time is come and I repeat the Call and bid all come unto Me.

I have emphasized in the past. I tell you now and shall age after age for evermore repeat that you shed your cloak of life, and realize Existence which is eternally yours.

I have only one Message to give; and I repeat it age after age to one and all; LOVE GOD.

2. WORRY NOT

Do not worry about anything. Keep thinking of Me constantly. I am the only One that exists, the only One that matters.

Do not worry, but love Me more and more. Hold on fast to My "daaman", whatever the trials and difficulties you may be passing through.

Think of Me more and more and all your worries will dwindle into nothing, for they are really nothing; and My Will works out to awaken this in you and in all.

If at all you must worry, let it be how to remember Me constantly. This is worthwhile worry because it will bring about the end of worry. So do worry that you may not forget Me.

3. BE HAPPY:

Why should you not be happy? What need bind you to unhappiness? Binding is self-created. It can be overcome if you really want to become free. You are your own obstacle to freedom, and merely wishing for freedom is not enough. It is not what you sincerely feel within. If you want God, you must want God alone. It is possible to get God if you want to experience Truth. And what is the cost? Your own separate existence. When you surrender all falseness, you inherit the Truth that you really are.

I want you all to be happy. I say to you, remain happy under every illusory circumstance. I am not happy when you don't love Me.

If you have the Peace of a frozen lake, you will realize Me.

4. LAY DOWN YOUR LIFE AT MY FEET

If you truly and in all faith accept your Baba as the Highest of the High, it behoves you to lay down your life at His Feet, rather than to crave the fulfilment of your desires. Not your one life but your millions of lives would be but a small sacrifice to place at the feet of One such as Baba, who is the Highest of the High; for Baba's unbounded love is the only sure and unfailing guide to lead you safely through the innumerable blind alleys of your transient life.

They cannot obligate Me, who, surrendering their all—(body, mind, possessions) — which perforce they must discard one day—surrender with a motive; surrender because they understand that to gain the everlasting treasure of Bliss they must relinquish ephemeral possessions. The desire for greater gain is still clinging behind their surrender, and as such the surrender cannot be completed.

5. KNOW MY WAYS

If I am beyond the level of an ordinary human being and much beyond the level of saints and yogis, then I must be the Highest of the High. In which case, to judge Me with your human intellect and limited mind and to approach Me with mundane desires would not only be the height of folly but sheer ignorance as well; because no amount of intellectual gymnastics could ever understand My ways or judge My Infinite State. If I am the Highest of the High, My Will is Law, My Wish governs the Law and My Love sustains the universe. Whatever your apparent calamities and transient sufferings, they are but the outcome of My Love for the ultimate good. Therefore, to approach Me for deliverance from your predicaments, to expect Me to satisfy your worldly desires, would be asking Me to do the impossible—to undo what I have already ordained.

6. LOVE ME WITH ALL YOUR HEART

I have come down from the Highest to your level. So, take Me to be yours, and naturally and automatically, you become Mine.

If you are poor, take Me to be poor; if you are rich, take Me to be rich; if you are illiterate, take Me to be illiterate; if you are literate, take Me to be literate. I have come down to your level and if on that level you love Me with all your heart in it, you will come to My real level of the Highest, because I am in all.

You can know Me as one of you and one in you only when the veils of separateness are lifted and this can be done if you love Me honestly and wholeheartedly.

7. MY COMMANDMENTS

Desire for nothing except desirelessness.

Hope for nothing except to rise above all hopes.

Want nothing and you will have everything.

Be angry with none but your own weaknesses.

Hate none, but your own lustful self.

Be greedy to own more and more wealth of tolerance and justice.

Wage war against your desires and Godhood will be your victory.

Serve others with the understanding that in them you are serving Me.

Be resigned completely to My Will, and My Will will be yours.

Let your temptation be to tempt Me with your love in order to receive My Grace.

8. YOU ARE FORTUNATE

You are more fortunate to have the Avatar. My lovers are fortunate to have God in human form in their presence. Just a glance from Me can give you all you need—can turn your vision inward. You will be sitting here without any outward change, but you will become 'what you really are'—You have to wait for that moment. That moment is near and for that you have to love Me wholeheartedly, other-wise you will miss it. If I knock at your door and you are asleep, I will go away. In Avataric periods, one does not necessarily have to make the inward journeys by stages. If you have the Grace of the Avatar, He just takes you from where you are to where you should be, where God wants you to be.

Let your temptation be to tempt
Me with your love in order to receive
My Grace.

9. BE LOST TO YOURSELF

To achieve the God-state, do absolutely nothing, while doing everything.

To find God, you must find yourself lost to yourself.

To be infinitely conscious, you must consciously lose consciousness of yourself.

To be ever present with God, never be absent from Him.

Deny your false self, and your real Self asserts Itself.

Renounce everything to such an extent that you eventually renounce even renunciation. Die for Baba—die for Baba—and then you will live as Baba.

To know Me as I really am, become a child (in heart) and be as wise as a man of wisdom.

Either keep away from the wine of love of Beloved Baba, or if you taste it, seal your lips against all complaints.

12. LOVE ME ABOVE ALL:

○ The easiest way to achieve the Goal of life is to “leave all and follow Me” through love. I don’t mean that you should leave your house and family and come here! I mean that you be in your house and with your family, but love Me as I want you to love Me—love Me above all. That is the simplest way. A still more simple way to attain the Goal is to obey Me—obey Me implicitly. That is simpler than the simplest thing. Try. If you try, I will help you. Once you have determined to obey, you are no longer your own. The slightest hypocrisy spoils your determination and makes the whole thing a farce.

Do anything I tell you, even at the cost of life itself. And if you do obey Me 100 percent with all sincerity, at any cost, it will be greater than loving Me.

13. I ALONE ENDURE

Whatever suffering may befall you, you should put up with it with full faith in and love for Baba. At the most, what could happen? You might die. And it is so very obvious that you have to die one day; you have to drop this body sooner or later. Why not then think that your body is not there already and so act detached? One more thing you must remember : that is : be honest. I am in everyone and in everything. And because God is in everyone and everything, He knows everything. So be resigned completely to His Will ...
.....The best thing for you to do is just to love Me. Love Me honestly. Work for Me—I alone endure; all else is but a passing show ! There should not be any trace of show in the work you do for Me. You should have no expectations of reward for any work you do.

14. I SHALL MAKE YOU DESIRELESS

Know you all that if I am the Highest of the High, My role demands that I strip you of all your possessions and wants, consume all your desires and make you desireless rather than satisfy your desires. Sadhus, Saints, Valis, Yogis can give you what you want; but I take away your wants and free you from attachments and liberate you from the bondage of ignorance. I am the One to take, not the One to give what you want or as you want. Mere intellectuals can never understand Me through their intellect. If I am the Highest of the High, it becomes impossible for your intellect to gauge Me nor is it possible for My ways to be fathomed by your limited human mind.

15. ADHERE TO ME

I declare to all of you who approach Me, and to those of you who desire to approach Me, accepting Me as the Highest of the High, that you must never come with the desire in your heart, which craves for wealth and worldly gain, but only with the fervent longing to give your all — body, mind and possessions—with all their attachments. Seek Me not in order to extricate you from your predicaments, but find Me in order to surrender yourself whole heartedly to My Will. Cling to Me not for worldly happiness and shortlived comforts, but adhere to Me, through thick and thin, sacrificing your own happiness and comforts at My feet. Let My happiness be your cheer and My comforts your rest; for those who lose their all in Me, shall have Me everafter.

16. I KNOW EVERYTHING

What I want to tell you all is that I know everything. I am in each of you and everywhere. As conscious real "I" in this false "I" of yours, I know everything. You exist as you were existing, because you were there, you are there and you will continue to be there. You have been caught here in the snares of 'Maya' and the accumulation of sanskaras (impressions) make you get more and more involved in Maya All this life is a dream. The past and future are not there. There is only the Eternal Now in the ever-lasting present.

If you take Me to be God, God is all-knowing. What is it then that makes you come to Me with your difficulties? As it is, it seems to you that I do not know everything! Know that I am the Knowledge itself.

17. LEAVE EVERYTHING TO ME

Keep your faces turned towards the Sun of Truth and your shadow of individualized Maya will lie behind you; and though still existent, will have no power over you. But if you turn your backs to the Sun, your shadows will be before you and you will be following them. Although of yourselves you cannot get rid of your shadows, if you turn your backs on them and keep facing the Sun, at the time of His full ascendance and glory, your shadows will disappear forever.

For those on the spiritual Path, I am the Sun, giving them Light and Life.

The best is just to remember Me and forget everything else, leaving everything to Me.

**18. LIVE FOR GOD AND
DIE FOR GOD:**

If you can love Me, love God, your love will make you know Me. If you can make others happy through your love without seeking your own happiness, you can free yourself from this bondage. You can then find Me as I really am. No sooner do you get that experience, then you feel liberated and experience infinite Bliss.

God's grace makes you love Me. My grace makes you One with Me. If any number of calamities befall you, and still you keep a smiling face, this may lead you to become like dust, and you can become like dust only if you possess the highest type of love for Me.

To love God as He ought to be loved, you must live for God and die for God; knowing that the goal of all life is to love God, and find Him as your own Self.

19. REACH BEYOND RELIGION

Give up all forms of parrotry. Start practising whatever you truly feel to be true and justly to be just. Do not make a show of your faith and belief. You have not to give up your religion, but give up clinging to the husk of mere ritual and ceremony. To get to the fundamental core of Truth underlying all religions, reach beyond religion.

I am the Light of the Universe. One day, as soon as you get a glimpse of My reality, you will come to know Me. Very rarely one can see Me as I really am: you see everything (False) excepting Me. It is the curtain that surrounds My reality; even the highest type of inner experience falls short of My real State;— for when God manifests on earth in the form of man and reveals His divinity to mankind, He is recognised as the Avatar—the Messiah — the Prophet.

20. AWAKE NOW:

I cannot expect you to understand all at once what I want you to know. It is for Me to awaken you from time to time throughout the ages, sowing the seed in your limited minds, which must in due course and with proper heed and care on your part, germinate, flourish and bear the fruit of that True Knowledge which is inherently yours to gain. If on the other hand, led by your ignorance, you persist in going your own way, none can stop you in your choice of progress which, however slow and painful, eventually and after innumerable incarnations, is bound to make you realize that which I want you to know 'Now'. To save yourself from further entanglement in the maze of delusion and self-created suffering which owes its magnitude to the extent of your ignorance of the true Goal—AWAKE NOW.

— the Prophet.

21. YOU WILL BE LOVING GOD

If you feel for others, in the same way
as you feel for your own dear ones;

If instead of seeing faults in others,
you look within yourselves;

If instead of robbing others to help
yourselves, you rob yourselves to
help others;

If you suffer in the sufferings of others,
and feel happy in the happiness
of others;

If instead of worrying over your own
misfortunes, you think yourselves
more fortunate than many others;

If you endure your lot with patience
and contentment, accepting it as
His Will;

If you understand and feel that the
greatest act of devotion and worship
to God is not to hurt or harm any
of His beings.

To love God as He ought to be loved,
you must live for God and die for
God.

22. WIN THE PEOPLE TO THE LIFE OF TRUTH

You can help others to gain spiritual freedom and to come out of the illusion of duality only if you yourself do not lose this idea of unity while working for others. When you launch upon your spiritual work, you will encounter divisions that people desperately seek to maintain, which they accentuate and fortify and strive to perpetuate consciously or unconsciously. You have to win people to the life of Truth, they cannot be coerced into spirituality. You must not divide life into departments and then attempt to deal with each department separately. As spiritual workers, you have to aim at an inclusive and creative attitude to the individual and social problems of life. Never tell others what you do not feel yourself. Tell others only what you honestly take Me to be—for I am anything and everything that one can honestly believe.

23. MY WISH FOR YOU

Do not shirk your responsibilities;

Attend faithfully to your worldly duties, but keep always at the back of your mind that all this is Baba's;

When you feel happy, think: "Baba wants me to be happy."

When you suffer, think: "Baba wants me to suffer."

Be resigned to every situation and think honestly and sincerely: "Baba has placed me in this situation."

With the understanding that Baba is in everyone, try to help and serve others.

I say with My Divine Authority to each and all that whosoever takes My name at the time of breathing his last comes to Me! So do not forget to remember Me in your last moments.

24. I AM THE ONE WITHOUT A SECOND

Each is free to think of Me and interpret My work as he feels or understands best. Either My words must be presented as they stand, or if interpreted by you, you must not fail to state it as your own interpretation... I never denied being perfect and being the Avatar, but you do not know that yet. I know I am the One without a second, alone and matchless. You would be quite right to assert and proclaim whatever you truly believe Me to be—never hesitate to own your faith and belief in Me and about Me. But do not claim to know or feel what you actually do not.

25: DESIRE FOR NOTHING

Unless you give up the breath of your desires, and die to yourself, you cannot have the breath of real life and live forever.

You can own a world without attachment so far as you do not allow yourself to be owned by any part of it through attachment.

Renunciation of desires does not mean asceticism or a negative attitude of life Without avoiding contact with the different aspects of life, maintain complete detachment in the midst of intense activity.

Desire for nothing except desirelessness.

Hope for nothing except to rise above all hopes.

Want nothing and you will have everything.

26. WANT WHAT I WANT

Always do what I want, instead of wanting Me to want what you want. Most of you want Me to want what you want; and when you succeed in getting Me to agree to what you want, you are delighted and even tell others that that is what I want!.....

I know it is not easy to want what I want. In fact, it is impossible for you to want what I want, for it is impossible for you to love Me as I should be loved. But at least, do not always be wanting Me to want what you want, and try your utmost to put your heart and soul into doing whatever I want you to do. Only intense love for Me can bring you to obey Me as I want you to.

27. BECOME LIKE DUST

Recently I heard that among some of My workers, there has developed a considerable difference of opinion. Better you do not work for Me than develop such an attitude. I will appreciate your competitive spirit only in your surrender to Me and love for Me. To get yourself divided while doing My work shakes the very foundation of that work. That will defeat its own end. It is the height of hypocrisy to say, "I alone can do Baba's work".

If you cannot work together with concord, why open new Centres for Me? If you want to further My cause, there is no escape, but to become like dust in my work. There cannot be any compromise. Each of My lovers must become like dust. Then people of their own accord will flock around him and his own life will radiate My message of Love to others. Becoming dust-like is the only link that would bring you together.

28. BECOME MORE INTIMATE WITH ME

As you all become more intimate with Me with opportunities to come closer to Me, all that is good and all that is bad within you comes out in sparks, as it were;..... all the impressions of the past, the accumulations of past 'sanskaras' — of all illusory things, which include both good and bad, come out My proximity, the intimacy with Me just change that mass of 'sanskaras' and sometimes you find sparks of good and bad flying out.

When you become one with God, the Bliss that you experience is eternal and infinite. There is no break in that Bliss, it is continual. Life in Eternity knows no bondage, decay or sorrow.

29. KEEP ME WITH YOU

I am nearer to you than your own breath, Remember Me and I am with you and My love will guide you.

Your being with Me physically is immaterial. It is My being with you that matters. So keep Me with you always.

: You have to love God silently and honestly even in your everyday life. Whilst eating, drinking, talking and doing all your duties, you can still love God continuously without letting any-one know.

: Through unfathomable ways, I lead you to liberation. Accept My rhythm, come in tune with it without reservations. My rhythm of Truth shall redeem you, it will open your heart, it will give you new love.

30. DON'T DO FALSE PROPAGANDA

Don't do false propaganda. What your heart says and your conscience says about Me, pour out without hesitation. Be unmindful of whether you are ridiculed or accepted in pouring out your heart for Me to others.

If you take 'Baba' as God, say so: don't hesitate.

If you think Baba is devil, say it out; don't be afraid.

I am everything that you take Me to be and I am also beyond everything; then why hesitate to say out or be afraid to express what you feel and what you think of Me? Say it out frankly. I am both. But do not overrule your conscience and do not exaggerate merely for propaganda.

31: WIN MY GRACE TO WIN YOUR SELF

I am the ocean of Grace, but I am as hard as flint for you to draw the Grace out of Me. The flow of My grace for you depends upon the intensity of your love to attract it towards yourself.

Those who do not dare to love Me, seek safety on the shores. You who have been loving Me are swimming in this Divine ocean. Love me more and more till you get drowned in Me. Dive deep and you will gain the priceless pearl of infinite Oneness.

You have not to renounce anything but your own self. It is as simple as that, though found to be almost impossible. You can renounce your limited self by My grace. I have come to release that grace.

Have hope. I have come to help you in surrendering yourselves to the cause of God and accepting His grace of Love and Truth. I have come to help you in winning the one victory of all victories—to win yourself.

1132. SERVE HIM WHO SERVES ALL

To serve the God-Man who serves all, is serving the universe. Selfless service and love are twin divine qualities. Only the One who loves can serve. Serve your Beloved God-man and you are serving your own self in every other self. The service He expects is for your own spiritual benefit, but this serving must be spontaneous, willing, whole-hearted, unconditional and not expecting any reward. His service is an ordeal that tries body, mind and spirit; or else wherein would the perfection of serving lie, if it were to be easy and at one's convenience? The body suffers, mind is tormented, but the spirit of the selfless server of the Master experiences the bliss of satisfaction.

33. BE HONEST WITH YOURSELF AND GOD

Let your heart be pure. Do not act outwardly what you are not inwardly. Be absolutely honest—God is infinite honesty.

Do not pose as being pious, because God is everywhere. God cannot be fooled—so why pose as something you are not?

I do not want anything else from you but the gift of your obedience. Give Me that and you will free yourself from the bondage of ignorance.

Pay heed and strive for Freedom by experiencing ignorance in its true perspective. Be honest with yourself and God. You may fool the world and your neighbours, but you can never escape from the knowledge of the Omniscient—such is the Divine Law.

34. YOUR MASTER IS YOUR GOD

The duty of the Master is first of all to release and free you from the venomous clutches of 'maya' and then to give you experience (Realization).

Once you have surrendered yourself to the Master, He has to do His duty to you. He cannot escape that. It is only your unbounded love and unswerving faith that is required thereafter, and that will encourage Him in His duties towards you. So, take your Master to be your God, and with as much love and faith, surrender and serve Him, and you will be saved.

If you have the complete faith that Kalyan had for his Master in believing it was night, although it was day..... because his Master said so.....then you will know Me.

35. BE RESIGNED TO MY WILL

Be content with your lot—whether rich or poor, happy or miserable. Understand that God has designed it for your own good and be resigned to His will.

Be resigned completely to My will, and My Will will be yours.

Some like work, some like play, but when you do it for Me, then it is the same—this is Vedanta in a nutshell.

I want you to remain undisturbed and unshaken by the force of life's currents, for whatever the circumstances, they too will be of My own creation.

If you endure your lot with patience and contentment, accepting as His will, you are loving God,

36. PRAY WITH YOUR HEART

Compared with the essentials of the Path, the three most unimportant things you do are to garland Me, to bow down to Me, and sing empty words of praise or perform Arti. They are not necessarily the signs of love for God.

The prayer God hears is the prayer from your heart, that raising of the heart, that suffering of the heart— that is what God pays attention to. It is better not to worship, if you cannot do with your heart in it. God does not listen to your language of the tongue nor your language of the mind. He responds to your language of the heart. The language of the heart is the song of Love for the Beloved. The Beloved can only be found within you, for His only abode is the heart.

37. WANT NOTHING

It is time you started dying.....the death of low desires. It is all Bliss, yet all are miserable because of ignorance which causes desires to be fulfilled. The goal of each and everyone is to attain the 'no-desire' state... This is the goal. You say "I want this, I want that!" Needs are not wants, and wanting inevitably leads to suffering. So try your best to want less and less. Try loving, loving more and more, and then you will want less of that which is beyond your needs and want more love. All you have enjoyed all these years is nil. All you have suffered today is nil; it was all illusion. It is your right to be happy, so why try to be unhappy by wanting things? Want nothing and you will have everything.

38. DO ALL FOR ME

The less you think of yourself and the more you think of Baba, the sooner the ego goes and Baba remains. When your 'ego' goes away entirely, I am one with you. So bit by bit, 'you' have to go. Today your nose, tomorrow your ear, then your eyes, your hands, everything! So better think of Me when you eat, sleep, see or hear. Enjoy all; don't discard anything, but think it is Baba — Baba who enjoys, Baba who is eating. It is Baba sleeping soundly and when you wake up, remember it is Baba getting up! Keep this one thought constantly with you. If you do wrong, then think Baba is doing wrong! If you get a pain, think it is Baba having a pain. If you do all this sincerely, you will know something. Try to forget yourself and do all for Baba.

39. HAVE A CLEAN HEART

If you want to stick to Me, you must have a clean heart. There is no use in sometimes having faith and sometimes having doubt.

It is best then to leave Me; then you can lead your life in the world and be free. If you want to love Me, you should not try to create confusion among yourselves ... You will be loving Me best by loving each other. If one has to say something behind the other's back, how can you tell the world about My love? If you all cannot love Me as I want you to love Me, it is best not to speak to the world about Me.

Let's put an end to all hypocrisy. Let hypocrisy be completely wiped out from your hearts. You should all have one heart, a clean heart.... we are one family.....I would love to see that.

40. LOVE ME SILENTLY

If you love Me, let that love not be wasted by escaping through your lips in words. It is an insult to real love if and when such love happens to be deliberately exhibited.

You have to be very particular about the purity of heart. You talk of love but it is not easy to love. You should love God in such a way that apart from others not knowing about it, you yourself are not aware of it.

For you to bow down to Me, to perform My Arti—to worship Me is not what I have come for amongst you. I expect much from you. I have come to receive your love from you and to bestow My love on you. Love others as you would love yourself and all that is yours.

If you feel for others in the same way as you feel for your dear ones, you love God.

41. SERVE OTHERS AS YOU SERVE ME

Real happiness lies in making others happy. The real desire is that which leads you to become perfect in order to make others become perfect. Live less for yourself and more for others. Serve others with the understanding that in them, you are serving Me.

When you serve your fellow-beings with selflessness, you serve God. Selfless-service means that it has to be so very natural that even the thought you are serving should be absent. What God's aspect of Honesty means is that you serve others in order to make them happy at the cost of your own happiness. Honesty demands that no show and no fuss is made of your service and you treat others as you treat your own dear ones.

42. COME UNTO ME

Approach Me with unfailing faith, love and devotion and with the longing to receive My divine Love and Grace.

I would like you to bear in mind that you do not approach Me with the thought of any wordly gain. Come to receive My love. Also remember that whosoever forms friendship with Me, loses everything, even the self—then I give God-realization,

I declare to all of you who approach Me and to those of you who desire to approach Me that you must never come with the desire in your heart which craves for wealth or wordly gain, but only with the fervent longing to give Me your all—body, mind and possessions—with all their attachments.

Come prepared to receive not so much of My words but of My Silence.

43. REALISE YOUR INFINITENESS

You are infinite. You are really everywhere, but you think you are the body, and therefore consider yourself limited. If you look within and experience your own soul in its true nature, you will realize that you are infinite and beyond all creation.

The truth of Divine life is not a hope but a reality—all else is illusion. Have faith and you will be redeemed. Have love and you will conquer the limited self of cravings that veil your own true being as God.

Why seek temporary relief which has in its wake—binding? Ask God NOT for money, fame, power, health or children—but for His grace of Love which will lead you to eternal Bliss and freedom.

If you renounce for Me everything physical, mental and spiritual then you have Me.

44. OBEY ME

All I ask you is that you love Me most and obey Me at all times. Knowing that it is impossible for you to obey Me as you should, I help you to carry out whole-heartedly what I ask you to do by repeatedly bringing to you the importance of obedience.

When you do what the Master says, the responsibility falls on him whom you obey, even when you obey unwillingly.

You can leave your mind to My care by remembering Me or repeating My Name silently as often as you can.

I want you to remain undisturbed and unshaken by the force of life's currents for whatever the circumstances, they too will be of My own creation.

45. AWAKE FOR ALL TIME

When you 'awake', you find that the great Dream containing all the varied illusory aspect of dreaming, has vanished for ever. Heaven and hell, as well as the planes vanished within your Self, to remain as nothing. In this 'Awakened' state, there is no scope for anything besides you—the Self, the Existence, eternal and infinite. This is the only Experience worth experiencing and aspiring after. To gain this experience you have to become as dust at the feet of the Perfect Master—which amounts to becoming as nothing. And when you become absolutely nothing, you become Everything. Once I am awake in your heart, you too would awake for all time.

46. SEEK NOT THE KINGDOM OF EARTH

Do not seek material pleasure and you will find the spiritual treasure. This means—seek only God, by not seeking material pleasures and you will find God.

You can only seek God through self-denial. The spiritual treasure cannot be obtained by merely stretching out your hand for it. Only in the completeness of self-denial can the spiritual treasure become self-evident. Seek the Kingdom of Heaven by not seeking the kingdom of earth and you will find it.

When God is found, you can have no idea what infinite Bliss and Peace is gained. I give you all My love so that some day you can love God as He ought to be loved.

47. KNOW ME AS GOD .84

God is nearer to you than your own shadow. In fact, He is not only within you, but He is your very Self. You cannot get at Him for you seek Him through the ego-mind which converts Him into the will-O-the-wisp.

I am God—God the Beyond and God in human form. I draw you ever closer to Me by giving you frequent occasions of My Companionship. But familiarity often makes you forget that I am God ... I know all that happens and will happen. Whatever happens does not happen without My will. Knowingly I allow things to happen in their natural course.

48. TRY NOT TO UNDERSTAND ME THROUGH INTELLECT

The moment you try to understand God rather than love Him, you begin to misunderstand Him, and your ignorance feeds your ego. Mind cannot reach that which is beyond it—for God is infinite and beyond the reach of mind.

Do not try with your limited mind to understand the significance of My actions, nor try to imitate them. You must not do what I do, but do what I tell you to do. To try to bring my every action within the orbit of your understanding is but to understand the limitations of your own understanding...The utter simplicity of My divine game appears to be highly intricate as soon as you try to understand it through your intellect.

49. KEEP CLOSE TO ME

Do not lose heart, but keep Me in your heart and remember I am always with you.

The more you have of My company and receive of My Love with an open heart, the more whole-heartedly you begin to accept Me. And the more you see of Me, the more convinced you become that you understand Me less and less. Exerting yourself to comprehend My Divine game through the process of understanding opens up vast fields of speculation in which you wander and arrive sooner or later at a dead-end, finding yourself lost. If my actions cause confusion, it is because of your lack of complete trust. Therefore, uproot all doubt and remember well that whatever I do is for the best. All My actions are My divine response born of My Divine love.

50. GAIN THE KNOWLEDGE ETERNAL

The Knowledge (Self-Realization) uproots illusions, doubts and worries, and apparent sufferings are instantaneously replaced by everlasting Peace, and eternal Bliss, which is the Goal of existence. Do not hope, because this Knowledge is beyond hoping and wanting. Don't reason, because this Knowledge cannot be comprehended or thought of. Don't doubt, because this Knowledge is the certainty of certainties. Don't live the life of the senses, because the lusty, greedy, false, impure mind cannot reach this Knowledge. Love God as the Soul of your souls and in the height of this Love lies this Knowledge.

The divinely Perfect Ones can bestow this Knowledge on any one they like.

May you all gain this Knowledge soon.

YJTM 51. LOVE ME FOR MYSELF

For ages, I have been giving in silence My silent Message of Love. You ask Me for a message from My silence. But silent are the words of My silence. Silent is love, and the lover loves My silence and silently adores Me in My silence.

Although I appear to be silent, I speak through you all. I am ever silent and everlastingly speaking; but time has come when soon I will break this apparent silence and those of you who love Me, will see My Real Self.

I want you to know that I will definitely break My silence; and I want you to cling to My 'damaan' till the very end, irrespective of whether I speak or not. I am the Highest of the High and want you to love Me not for any spiritual or material gain, nor for the impending breaking of My silence and My manifestation, but I want you to love Me for Myself as being God in human form.

52. REMEMBER ME CONSTANTLY

I tell you with My divine authority that whoever takes My Name on his lips at the time he or she breathes his or her last, comes to Me. Therefore, do not forget to remember Me at the time when you would be breathing your last. But unless you take My name on your lips, remember Me from now on constantly and keep it continuously, you cannot remember Me and keep My name on your lips at the time you drop your body.

When you feel angry or get lustful thoughts, at once remember Me wholeheartedly. Let My Name serve the purpose of a net around you, so that like mosquitoes, the thoughts may keep buzzing around you, yet they will not be able to 'bite' you.

Any moment you feel you are getting excited; remember Me and you can at once turn that moment into laughter.

53. EMPTY YOUR HEART OF STRANGERS

If you are convinced of God's existence, then it rests with you to seek Him, to see Him and to realize Him. Do not search for God outside of you; God can only be found within you, for His only abode is the heart. But, you have filled His abode with millions of strangers and He cannot enter—for He is shy of strangers. Unless you empty His abode of these strangers, you will never find God. These strangers are your age-old desires—your millions of wants. Honesty in your dealings with others will clear the strangers out of your heart.

Then you will find Him, see Him and realize Him.

The ego-mind must meet actual death if God is to be seen and realized.

54. SURRENDER TO MY WILL

If you wish to live perpetually, then crave for the death of your deceptive self at the hands of complete surrender to Me.

To completely surrender to My will, your heart must be pure, and your mind empty of all thoughts. All those who surrender themselves in love to Me will see, adore and realize the reality behind My form.

Dust has no thought of its own—whether it is trampled upon, or applied to the forehead of a man, or remains suspended in air or water. It is all the same to it. I tell you, there is no truer and better example of complete surrender than becoming like dust.

To surrender is higher than to love—and paradoxical as it may seem, yet, it is a fact that to love Me as I ought to be loved is impossible, and to obey Me is possible.

2255. HAVE COMPLETE FAITH IN ME

If you have rock-like faith in God and flame-like love for Him, nothing in this world will affect you. Misery will not trouble you, flattery will not touch you, happiness will not humour you. Such faith and love will cause you to rise above the imaginary phenomenon and make you understand that God alone is real.

Trust God completely and He will solve all your difficulties. Faithfully leave everything to Him and He will see to everything. Love God sincerely and He will reveal Himself to you. This love needs no ceremonies and show. Your heart must love, so that even your mind is not aware of it.

Let nothing shake your faith in Me and all your bindings will be shaken off.....Once you open your wings to fly, you must fly straight like the swan. Don't flit from tree to tree like the sparrow, or many things will distract you on the way.

56! SUFFER MOST TO WIN BLISS

You should look upon physical and mental suffering as gifts from God. They bring their own lessons of the futility of the passing and for the intrinsic worth of the Eternal.

Do not get disheartened and alarmed when adversity, calamity and misfortune pour in upon you. Thank God, for He has thereby given you the opportunity of acquiring forbearance and fortitude. Those who have acquired the power of bearing with adversities, can easily enter the spiritual path.

Do not fear suffering or blame anyone for it. According to the Law that governs the universe, all suffering is your labour of love to unveil your Real Self. In comparison to infinite Bliss you experience on attaining the 'I-am-God-state', all the sufferings, and agonies you go through amounts to practically nothing.

57. BE PURE IN HEART.

For the purification of your heart, leave your thoughts alone, but maintain a constant vigil over your action. When you have thoughts of anger, lust or greed, do not worry about them and do not try to check them. Let all such thoughts come and go without putting them into action. Try to think counter-thoughts in order to discern, discriminate and to learn and above all to undo the actions which are prompted by your own impressions.

If people act dishonestly with you and create difficulties for you and deceive you, and yet you remain honest and pure, you are very fortunate; because these deceivers or your so-called enemies are your friends. They wash away your sins and weaknesses and make your Path clear towards God.

58. BE MY TRUE MESSENGER

Those who truly love Me are My 'centres' in the world. Let each Babalover, wherever he or she may be, be a 'Baba's Centre' personified, radiating the eternal message of love divine, living a life of love, sacrifice and honesty.

When you spread my eternal message of Love to others, show them first that you really love Me. Do not merely make them read my books and messages. Do more—live such a life of love, sacrifice, forgiveness and tolerance that others will love Me. If instead of doing the real work of love, you start doing organized propoganda-work for Me, it is absurd. I need no propaganda or publicity. If you cannot live the life of love and honesty, you should stop working for Me.

59. CRAVE NOT FOR UNION WITH GOD

Long for one thing, be restless for one thing that will kill the million other longings—Long for the union with the Beloved. You should become lost in the idea of possessing the Beloved by hook or by crook. When you are prepared in your heart of hearts to gain union with God at the cost of life and the ridicule of the whole world, then perhaps you may be said to have entered the lane of Divine Love.....Even the craving for union with the Beloved creates bindings. Therefore, do not bother about separation or union—just love and love all the more, and then you are able to resign yourself and your Path to the Perfect Master who is The Way, and you undergo a gradual change and your ego asserts less and less. Then whatever the Perfect Master tells you to do, you are able to carry out.

60. EARN GODHOOD

You can earn livelihood with the sweat of your brow and you can earn Godhood with the blood of your heart.

Unless you become like dust, you cannot realize God. But first you have to become like stone, for you cannot become dust right away. What is needed is to retain human consciousness and become as stone and then wear yourself to dust at the feet of the Perfect Master.

Be ye guided by Love and Truth—that is the simple way that leads to God. Not by the endless manouvering of alluring illusions, but by loyalty to the unchangeable Truth can ye hope to be established in abiding Peace.

Be bound by freedom—Be attached to detachment. That means have desires—but be their master and not their slave.

61. FORSAKE YOUR FALSE SELF

To get nearer and nearer to God, you have to get further away from 'I', 'my', 'me' and 'mine'. You have not to renounce anything but your own self. It is as simple as that, though found to be almost impossible. You can renounce your limited self by My Grace. I have come to release that Grace.

It is your false self that keeps you away from your True Self by every trick it knows. In the guise of honesty, this self even deceives itself. For instance, your self claims—'I love Baba'. The fact is if you really loved Baba, you would not be your false self making the self-asserting statement! The self instead of being effaced in love, believes and asserts—'I' love Baba.

62. LIVE IN ME

You do not have to renounce anything; you can lead a family-life and be in the world. You may do your work or business or attend to your service etc; but always do one thing. Constantly think of Me and constantly try to make others happy even at the cost of your own happiness.

You should live a normal-life and just love Baba and not be attached to your being. Then you will have a curtain of Baba's love protecting you from the world.

The best way of cleansing the heart is by leading a normal worldly-life. That would help you to live in the midst of your day-to-day duties, responsibilities, likes and dislikes etc. All these can become the very means for the purification of your heart:

63. EXPERIENCE HEAVEN ON EARTH

God who is all power, all wisdom and all love, all mercy and all bliss, resides in you all. There also reside in you all the apparently opposite aspects of these infinite qualities, like helplessness, ignorance, lust, cruelty, suffering and so on. He who desires God, develops compassion, selflessness, and self-denying renunciation. He who runs after transitory shadow-objects of desire, cultivates selfishness, greed and hatred. The former bring peace on earth: the latter bring wars and destruction. Give up low desires and unnecessary cravings, and you will experience heaven on earth.

At present, you as Soul, are unconscious of God and God's Bliss. Your mind now suffers or is happy according to your impressions. Let go the mind and you are your Real Self.

64. FIND ME AS YOUR OWN SELF

You must always remember that the only thing worth remembering is to forget everything else and to remember Me in order to be able to love Me and then find Me as your own Self.

I am nearer to you than your own breath. Remember Me, and I am with you, and My love will guide you. I am the One who is always lost and found among mankind. It is your love for yourself that loses Me and it is your love for Me that finds Me. Love Me above everything, for now while I am in your midst, I am most easily found as I really am.

If you want to know anything of God and to reach Him, then catch hold of Baba's daaman. If you care for God and care for love and if you have the desire for union with God, then the only solution is to catch hold of Baba.

65. FEEL NOT HELPLESS

If you have realized God within you and you know that God is all-powerful, then you must also be all-powerful. Why do you then feel helpless? I remain the same Eternal One and am in all; therefore, you all are God; and yet you feel so helpless. Why is this? Because there is a sort of veil that veils you from God. You yourself are the veil, and it is not possible for you to lift it ...this veil which is yourself. Your eyes which are quite small, can see a vast panorama and all the objects contained in it, but they cannot see themselves. To see themselves, a mirror is required. So, when the mirror of My Grace descends, your own True Self is revealed in an instant.

You must drown yourself completely in the ocean of My Love, then you will find My Grace there.

66. KEEP YOUR CENTRE IN ME

Do as I say and the rest leave to Me. But do as I say.....when you see the ocean, see Me as the ocean—I am the ocean. When you see the ocean rolling, think—this is Baba.

Keep the Centre all the time stability in Baba! I am with you, near you. You have not to worry about anything. I am with you, near you eternally.

You.....are one of My rocks on whom I can depend. I can promise definitely that you will always be near Me until you become one with Me. What more do you want? What is there to want? I do not talk much to you, for it is self understood. You know it. It is within—.

67. HOLD FAST TO ME

When I come down to your level, because of the familiarity and intimacy that is created, you completely forget about My Divinity—you forget that I know every little thing. When I sit with you all, when I inquire about your health and so on, you forget that you must inform Me of every detail and at the same time you forget that I know everything.

Keep your hearts clean with all that Baba decides. Let there be no lingering misunderstanding.....If you all have the love and faith that I am Avatar, which I am, then you must obey Me, you must love Me. If you are not prepared to obey Me or if you have doubts and wish to carry out your own will, then you must leave Me. If you love Me, you must hold fast to Me.

68. UPHOLD ME TO SHARE MY CONSCIOUSNESS

I am one with you on every level, but you know this only when your ego and intellect do not interfere. Then Baba appears as He is.

Pay heed when I say with My Divine authority that the oneness of Reality is so uncompromisingly unlimited and all-pervading that not only "We are one", but even this collective term of "We" has no place in the infinite indivisible Oneness.

I am ever conscious that I am in you; while you are never conscious that I am in you. Daily, I support you and share your consciousness. Now, I want you to uphold Me so that one day you can share My consciousness.

69. KEEP THE DOOR OF HAERT OPEN

Long for Union or real harmony, which is union in diversity. Why not really try! You cannot love each other, but try to learn to give in to each other. This you do not do! Why? Because you are not honest!

If I find disharmony and no willingness to die—then, better to have you all leave. It is not for fame or name that you have come to Me. Baba does not need anybody! I am always alone and always will be until Eternity! It is you who need Me until you become Me. But, if you do not try, what is the use? There must be harmony, love, peace—real not forced. Unless you are what I want, I cannot give you what I want. Don't keep closed doors (of the heart). Keep open doors so that when I want, I can enter. Every time I intend entering, I find the door closed—all for useless wants!

70. FOLLOW MY INSTRUCTIONS

Suppose I say "Don't worry about your children!", you must take My word, as it comes from God, because I am that. What does the word of God mean? God must know everyone, do everything. Therefore, when He says—"Don't worry about your children"—it means you do not have to worry. . . . Suppose I turn My key and there is an earthquake tomorrow, and within five minutes all of you vanish. Then what about your worries—about your family and children? Therefore, I say "Stick to My word" whatever instructions I may give you. That is all that is necessary. Do as I say and the rest you leave to Me. But do as I say.

I am unmindful of all the qualifications you have. The only qualification I want to have is Love. You love Me and I am pleased with you.

THE MASTER'S PRAYER

Dictated by MEHER BABA

AT DEHRADUN

and recited by Mandali

[From 13-3-1953 to 2-9-1953]

O Parvardigar! the Preserver and
Protector of All!

You are without Beginning, and
without End;

Non-dual, beyond comparison, and
none can measure You.

You are without colour, without
expression, without form, and
without attributes;

You are unlimited and unfathomable,
beyond imagination and
conception, eternal and impe-
rishable;

You are indivisible; and non can see
You, but with eyes divine

**You always were, You always are,
and You always will be.**

**You are everywhere, You are in
everything; and You are also
beyond everywhere; and beyond
everything.**

**You are in the firmament and in the
depths, You are manifest and
unmanifest; on all planes, and
beyond all planes.**

**You are in the three worlds and also
beyond the three worlds.**

**You are imperceptible and independ-
ent.**

**You are the Creator, the Lord of
Lords, the Knower of all minds
and hearts, You are Omnipotent
and Omnipresent.**

**You are Knowledge Infinite, Power
Infinite and Bliss Infinite,**

You are the Ocean of Knowledge,
All-Knowing, Infinitely-Knowing;
the Knower of the past, the present
and the future, and You are
Knowledge Itself.

You are All-merciful and eternally
benevolent;

You are the Soul of souls, the One
with Infinite attributes.

You are the Trinity of Truth,
Knowledge, and Bliss.

You are the Source of Truth, the
Ocean of Love;

You are the Ancient One, the Highest
of the High; You are Prabhu
and Parameshwar; You are the
Beyond God, and the Beyond-
Beyond-God also; You are
Parabrahma; Alla; Elahi;
Yezdan; Ahuramazda; and God
the Beloved.

You are named Ezad, the only One
worthy of worship.

THE PRAYER OF REPENTANCE

(Dictated by MEHER BABA)

Om Parabrahma! Paramatma!

Ya Yezdan! Ya Alla!

O God! Father in Heaven!

We repent O God Most Merciful for all our sins; for every thought that was false or unjust or unclean; for every word spoken that ought not to have been spoken; for every deed done that ought not to have been done.

We repent for every deed and word and thought inspired by selfishness, and for every deed and word and thought inspired by hatred.

We repent, most especially, for every lustful thought and every lustful action; for every lustful thought and every lie; for all hypocrisy, for every promise given but not fulfilled and for all slander and backbiting.

Most especially also, we repent for every action that has brought ruin to others; for every word and deed that has given others pain; and for every wish that pain should befall others.

In your Unbounded Mercy we ask you to forgive us O God! for all these sins committed by us, and to forgive us for our constant failures to think and speak and act according to Your Will.

PRAAYER FOR BABA'S LOVERS

(Dictated by MEHER BABA)

Beloved God, help us all to love
You more and more,

And more and more and still yet
more,

Till we become worthy of union
with You;

And help us all to hold fast to
Baba's *daaman* till the very end.

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Most especially also, we repent for every action that has brought ruin to others; for every word and deed that has given others pain; and for every wish that pain should befall others.

In your Unbounded Mercy we ask you to forgive us O God! for all these sins committed by us, and to forgive us for our constant failures to think and speak and act according to Your Will.

PRAYER FOR BABA'S LOVERS

(Dictated by MEHER BABA)

Beloved God, help us all to love You more and more, for we love You more and more and still yet more.
Till we become worthy of union with You;
And help us all to hold fast to Baba's teaching till the very end.

